



Abstract: Abductor muscle tears are the rotator cuff tears of the hip. Arthroscopic or endoscopic repair results in fewer complications and equal clinical outcomes to open repair.

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For those of us who are not hip arthroscopic experts, we may not often think of endoscopic repair of abductor muscle tears of the hip. Your editor does not claim to be a hip arthroscopic expert, but this month we have just returned from the International Society for Hip Arthroscopy Annual Meeting, and we've learned that abductor muscle tears are the rotator cuff tears of the hip.¹⁻³

Thus we speculate that some unsuspecting readers may be better hip arthroscopic surgeons than they realize. According to Chandrasekaran, Lodhia, Gui, Vemula, Martin, and Domb in their article from this issue entitled, "Outcomes of open versus endoscopic repair of abductor muscle tears of the hip: A systematic review,"⁴ endoscopic repair results in fewer complications and clinical outcomes equal to open repair. Arthroscopic rotator cuff repair seems to work well in the hip, as well as in the shoulder.

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References

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