

Editorial Commentary: Arthroscopic Hip Preservation Is Critical for Preserving Health and Function in Adolescents and Adults



Abstract: Hip health is a critical factor in preserving daily life activities and wellbeing for both adults and adolescents. There are several potential economic influences in developing arthroscopic hip techniques for the evaluation and treatment of hip pathology in patients of all ages.

See related article on page 1800

The article “Arthroscopic Management of Femoroacetabular Impingement in Adolescents” by Byrd et al.¹ delivers a timely insight and immediately useful information that is a trademark of these authors throughout the years.

The article highlights the importance of hip evaluation and individualized preservation treatment strategies early in the disease process to affect a long-term outcome. This key contribution supports further the utilization of arthroscopic techniques to preserve hip function, critical to a healthy life.

Hip preservation through an outpatient arthroscopic procedure affecting the quality of life may have a significant impact on the prevention of other health-

related issues delivering an enormous economic impact for society.

The article’s perspectives will serve both now and into the future progress in this important field of study. The reading is a pleasure on a clear mountain night and with a coffee in the morning for a second read.

Hal David Martin, D.O.
Editorial Board

Reference

1. Byrd JW, Jones KS, Gwathmey FW. Arthroscopic management of femoroacetabular impingement in adolescents. *Arthroscopy* 2016;32:1800-1806.